

Men's Health Update

Friday & Saturday August 28 - 29, 2015

University of Washington Campus Foege Auditorium Seattle, WA



Sponsored by the University of Washington School of Medicine Department of Urology • Office of Continuing Medical Education

WHO SHOULD ATTEND

This course is designed for the practicing community of primary care providers and urologists who are seeking an update on important clinical topics in Men's Health. The course is also well suited for nurses, nurse practitioners, physician assistants, fellows and residents.

COURSE DESCRIPTION

With the aging of the American population and increases in access to affordable health care, primary care providers are increasingly caring for urologic disease. Men are disproportionately afflicted by urologic disease, and "Men's Health" is a growing medical arena where specialized knowledge is required. The diagnosis and management of many urologic diseases have been greatly influenced by recent pharmacological, surgical and technological advances. One of the greatest challenges providers face is staying abreast with the many dynamic changes in this field. An internationally acclaimed faculty has been assembled to provide this update, with presentations on topics such as prostate cancer, bladder cancer, hypogonadism and testosterone replacement, erectile dysfunction, voiding dysfunction and kidney stones. During the plenary sessions, the registrants will have the opportunity to participate in question and answer sessions. In addition, an emphasis on case presentations with faculty participation will enhance the practical value of the course.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 10.25 AMA PRA Category 1 CreditsTM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credits has been filed with the American Academy of Family Physicians. Determination of Credit is pending.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to:

- Describe the appropriate evaluation of men suspected of having hypogonadism and discuss the risks and benefits of testosterone treatment
- Recognize the relationship between cardiovascular disease and erectile dysfunction and offer appropriate treatment options to men experiencing ED and other forms of sexual dysfunction
- Evaluate the quality of life issues men face after prostate cancer treatment and develop a paradigm for addressing common issues
- Compare the association between male infertility and disease and discuss the evidence-based evaluation of male infertility
- Discuss the role of PSA screening in men and describe additional tests now available for prostate cancer screening
- Describe the management options for men with localized prostate cancer, including active surveillance
- Explain the work-up for patients with microscopic hematuria and discuss the evaluation and management of incidental kidney and adrenal masses
- Discuss the latest approaches to treatment of patients with bladder cancer
- Recognize the key elements of a BPH evaluation and provide appropriate treatment options

FEES AND REGISTRATION

The fee for this course includes catering, all instruction materials and transcript of $AMA\ PRA\ Category\ 1\ Credits^{TM}.$ To ensure enrollment, please complete the enclosed registration

form and forward it with the appropriate tuition or register

| MD/DO/PhD | \$275.00 |
|-------------------|----------|
| PA/ARNP/RN/Allied | \$225.00 |
| Resident/Fellow | \$125.00 |

online at uwcme.org. Allow up to fifteen working days to receive your email confirmation of enrollment. If you have not received confirmation prior to your departure for the course, please contact the Continuing Medical Education office at 206.543.1050. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the course.

CONFERENCE SYLLABUS IS GOING GREEN

Syllabus materials will be available for download at uwcme.org (for conference registrants only). The password for the download website will be sent with your registration confirmation email. Materials will be available from **August 24 - September 29, 2015**, for registrants to print and/or download. A booklet with the conference agenda and pages for note-taking will be provided at the conference.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees. Badges provided at registration are required for entrance into all functions and will be strictly enforced.

UWCME takes into consideration diverse nutritional preferences and restrictions when planning our complimentary menu. However, those individuals who might find that our menu is not completely aligned to their specific nutritional needs are welcome to bring their own food items.

CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by August 18, 2015. A \$50.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following August 18, 2015. The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by telephone followed by written notification and a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties. Contact CME Registrar with questions - call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES

Continuing Medical Education at the University of Washington is a totally self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. Fees for this course are estimated to cover the costs of conducting this course. These costs include salaries, registration and credit, handouts, record keeping, faculty planning and evaluation and may include food, alcohol, taxes and gratuities to vendors. The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation in the application process contact the department at: 206.543.1050 or the Disability Services Office at least ten days in advance.

Contact Disability Services Office 206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@u.washington.edu

HOTEL ACCOMMODATIONS

The following hotels are located near the conference site. To make reservations, please call the hotels directly. No room block has been reserved.

Watertown Hotel 4242 Roosevelt Way NE Seattle, WA 98105 206.826.4242 or 866.944.4242 Rates depend on availability Ask for UW CME conference rate Silver Cloud Inn 5036 25th Avenue NE Seattle, WA 98105 206.526.5200 or 800.205.6940 Rates depend on availability Ask for UW CME Conference rate

Course Faculty

COURSE CHAIR

Thomas J. Walsh, MD, MS Associate Professor Department of Urology

UW FACULTY

John K. Amory, MD, MPH

Professor

Department of Medicine

Bruce L. Dalkin, MD

Professor

Department of Urology

Atreva Dash, MD

Associate Professor Department of Urology

William J. Ellis, MD

Professor

Department of Urology

Jonathan Harper, MD

Associate Professor Department of Urology

Sarah E. Hunt, ARNP

Urologic Oncology UW Medical Center

John N. Krieger, MD

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Department of Urology

Jay J. Liao, MD

Associate Professor

Department of Radiation

Oncology

Daniel W. Lin, MD

Professor

Department of Urology

Alvin M. Matsumoto, MD, FACP

Professor

Department of Medicine

Richard S. Pelman, MD

Clinical Professor

Department of Urology

Michael P. Porter, MD, MS

Associate Professor Department of Urology

George R. Schade, MD

Assistant Professor

Department of Urology

Mathew Sorensen, MD, MS

Assistant Professor

Department of Urology

Bryan B. Voelzke, MD, MS

Associate Professor

Department of Urology

Hunter Wessells, MD, FACS

Professor and Chair

Department of Urology

Jonathan L. Wright, MD, MS

Associate Professor

Department of Urology

GUEST FACULTY

Jeannette M. Schenk, PhD, RD

Staff Scientist

Fred Hutch

Friday, August 28, 2015

| | 7:30 | Registration and Continental Breakfast |
|--|-------|---|
| Moderator: Jonathan Wright, MD, MS 1 1 1 1 1 1 1 1 1 | 8:00 | Course Introduction & Section Overview Thomas Walsh, MD, MS & Jonathan Wright, MD, MS |
| | 8:15 | Obesity and Prostate Cancer: What Are the Links? Jeannette Schenk, PhD, RD |
| | 8:35 | Prostate Cancer Prevention Jonathan Wright, MD, MS |
| | 8:55 | PSA Screening: Who, Why and How? Daniel Lin, MD |
| | 9:15 | Beyond PSA: What is New for Prostate Cancer Diagnosis? William Ellis, MD |
| | 9:35 | Active Surveillance: Candidate Selection and Monitoring Atreya Dash, MD |
| | 9:55 | Question & Answer Session Faculty |
| | 10:10 | Break |
| | 10:30 | Brachytherapy, IMRT, Protons, Cyberknife: Which Radiation Is for Me? Jay Liao, MD |
| | 10:50 | Role of PCP in Post-Treatment Monitoring Michael Porter, MD, MS |
| | 11:10 | Life After Prostate Cancer George Schade, MD |
| | 11:30 | Regaining Urinary Control After Prostate Cancer Treatment Bryan Voelzke, MD, MS |
| | 11:50 | Question and Answer Session Faculty |
| | 12:05 | Cases |
| | 12:35 | Lunch (provided) |
| Male Sexual Hormonal Reproductive Health Moderator: Thomas Walsh, MD, MS | 1:20 | Section Overview Thomas Walsh, MD, MS |
| | 1:25 | Diagnosis of Hypogonadism: Not Just a Low Testosterone Level <i>Alvin Matsumoto, MD, FACP</i> |
| | 1:45 | Risks and Benefits of Testosterone Replacement Therapy: What Should I Tell My Patients? John Amory, MD, MPH |
| | 2:05 | ED and Cardiovascular Health Thomas Walsh, MD, MS |
| | 2:25 | Question and Answer Session Faculty |
| | 2:40 | Break |

Friday, August 28, 2015 (continued)

- 3:00 Peyronie's Disease: The Tip of the Iceberg Hunter Wessells, MD, FACS
- 3:20 Infertility: What Else Should I Be Asking? Thomas Walsh, MD, MS
- 3:40 Question and Answer Session *Faculty*
- 3:50 Cases Faculty
- 4:15 Adjourn

Saturday, August 29, 2015

| | 7:30 | Sign-In and Continental Breakfast |
|---|-------|---|
| Male Voiding Dysfunction | 8:00 | Section Overview Richard Pelman, MD |
| Moderator: Richard Pelman, MD | 8:05 | BPH: How to Evaluate and What Not to Miss <i>Bruce Dalkin, MD</i> |
| | 8:25 | So Many Choices: Medications/Supplements for LUTS <i>Richard Pelman, MD</i> |
| | 8:45 | Question and Answer Session Faculty |
| | 9:00 | Cases |
| | 9:25 | Break |
| Kidney & Bladder Disease Moderator: Jonathan Harper, MD | 9:45 | Section Overview Jonathan Harper, MD |
| | 9:50 | Prostatitis from A to Z John Krieger, MD |
| | 10:10 | Guidelines for the Evaluation of Microscopic Hematuria Sarah Hunt, ARNP |
| | 10:30 | Bladder Cancer Basics Michael Porter, MD, MS |
| | 10:50 | Incidental Kidney Findings on CT: What Next? Jonathan Harper, MD |
| | 11:10 | Kidney Stones 101 Mathew Sorensen, MD, MS |
| | 11:30 | Question and Answer Session Faculty |
| | 11:50 | Cases |
| | 12:15 | Adjourn |
| | | |

RETURN COMPLETED \$225.00 \$125.00 \$275.00 Seattle, WA 98195-9441 REGISTRATIONS with questions 206.543.1050 206.221.4525 **COURSE FEES** MD/DO/PhD PA/ARNP/RN/Allied Health Resident/Fellow BY MAIL: Box 359441 BY FAX: UWCME CALL: 7091LM □ Discover Exp Date Budget # Task Zip Professional Title $\;\square$ MD $\;\square$ DO $\;\square$ PhD $\;\square$ RN $\;\square$ ARNP $\;\square$ PA $\;\square$ Other: \square MC Opt □ Visa \square Check (payable to University of Washington) for \$Email State Men's Health Update **Budget Name** Signature August 28 - 29, 2015 REGISTRATION □ Credit Card charge \$ **PAYMENT** □ UW Budget Phone (Card # CCV# Box # Street

City

Register online at <u>uwcme.org</u>